



# 筲箕灣東官立中學

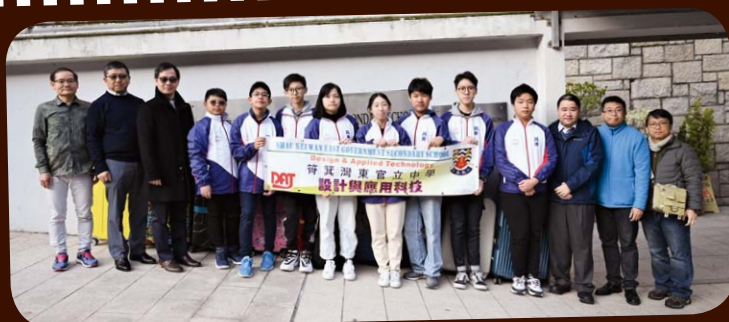
Shau Kei Wan East Government Secondary School

## 薈思

第四十期  
學生作品集  
2019-2020 年度  
香港柴灣道 40 號



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主辦機構	教育局升學及就業輔導組
主題	大自然
參賽學生	3 位中四至中六級同學
獎項	6C 鄒嘉倩 冠軍

# 2019 第四屆全港中學生珠寶設計比賽



6C 鄒嘉倩珠寶設計作品（冠軍）



冠軍獎狀

## 2019 歌影霓裳舞台服裝設計比賽

主辦機構	香港聲之動力藝術協會及灣仔區議會
決賽日期	2019 年 9 月 24 日
地點	柴灣青年廣場 Y 綜藝館
參賽學生及老師	9 位中四至中六級同學、1 位校友及梁詠梅老師成功晉身決賽。 由本校中三至中五級同學擔任模特兒
獎項	4C 蘇詠蕎（學生組亞軍） 4C 甘家慧（公開組季軍） 梁詠梅老師（最具創意獎）

### 學生組亞軍 4B 蘇詠蕎



海洋女神

### 公開組季軍 4C 甘家慧



煙花



### 最具創意獎 梁詠梅老師



叛逆天使





#### 4B 簡詠盈及其作品



雙面人

#### 4B 林愷童及其作品



風雨飄搖

#### 5A 劉曼怡及其作品



星際



#### 5C 張筵鑫及其作品



泣血薔薇

#### 5C 陳凱欣及其作品



Fate

#### 5D 布芯兒及其作品



玫瑰之戀



#### 鄧卓瑤校友及其作品



Colour of the World



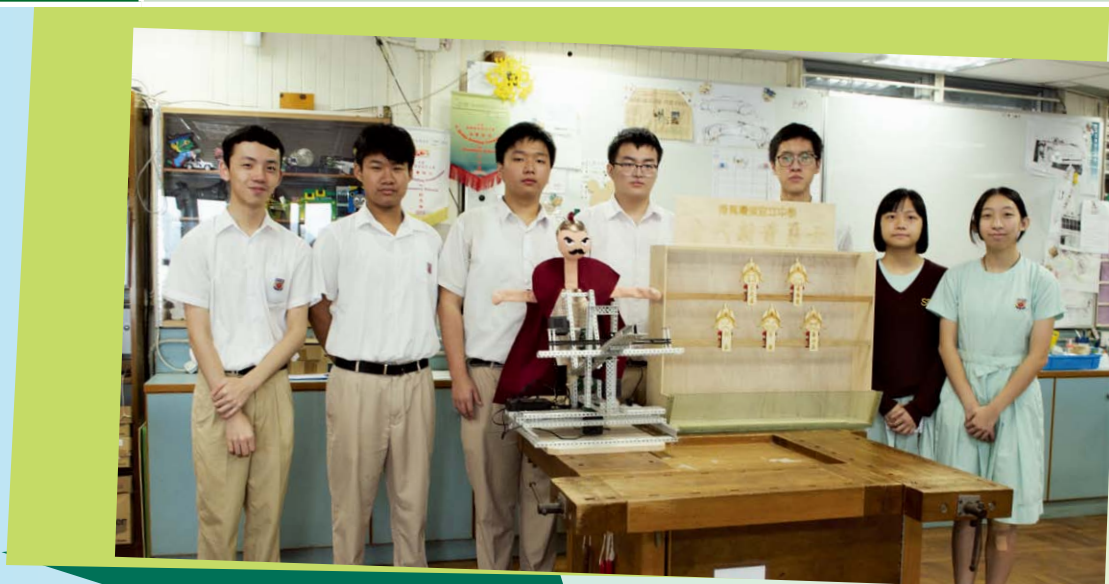
Route





# 「科技顯六藝」 機械人創意比賽 2019

主辦機構	香港中文大學（中大）工程學院與香港科技教育學會
日期	2019 年 10 月 11 日
地點	中大校園
目的	激發青少年思考如何融合傳統文化藝術與現代科技，並透過親自動手設計和製作機械人，將創意實踐。
比賽要求	參賽隊伍製作一個能顯示六藝主題的機械人，演繹中國傳統文化「六藝」中的三藝——禮、樂、射； 參賽隊伍須向評判講解其機械人的設計特色、靈感來源、科技的應用。
參賽同學	4 位中五級同學
參賽項目	射藝項目：四位同學製作了射術機械人及參考五位古代善戰的武將，如太史慈、李廣的形象製作成戰靶。





# 2019 年第十三屆 VEX 亞洲機械人聯盟錦標賽

主辦機構	亞洲機械人聯盟
日期	2019 年 12 月 9 - 11 日
地點	韓國首爾
目的	讓更多青少年了解機械人，引發對科研的熱情，為各國家和地區的人工智能及科創發展培育更多優秀人才； 啟發亞太地區青少年的科技夢想，打造展示他們科技知識和創新能力的平台，促進彼此交流和學習，鼓勵青少年實踐理想，成為未來的科研人才。
參賽學生	中一、中三及中五級 8 位同學
其餘行程	參觀高科技城市設備 城市高速公路交通管理中心 麻浦垃圾焚燒廠





# English Blossoms

## Personal description

1D Leung Mi Mi



### My Best Friend

My best friend is Lily. She is 13 years old. She is older than me. She lives in Shau Kei Wan. She always walks to school with me.

Lily has big eyes and long black straight hair. She is beautiful and slim because she eats very little. She is smart and helpful. She always helps the others with their problems. She is also very generous. She always brings some food to school and shares her portion with us. She is talkative too. She is funny and creative. She often does things we would never think of doing!

She has a lot of hobbies, like playing the violin, playing the piano, collecting stamps etc. She is good at playing the violin because she has learnt it for two years. She is crazy about it!

Everybody loves Lily!

## Personal Email

1D Lin Yan tung

Subject: Hello from Athena Lin

Dear Miss Lam,

How are you doing? Do you still remember me? Let me tell you about my new school, Shau Kei Wan East Government Secondary School.

My new school has a cookery room, a science laboratory and a geography room. There is also a big assembly hall near the covered playground.

My favourite subjects are Chinese History, English and Music. I like English lessons because they are fun, just like your English lessons. I also like Music lessons because I enjoy singing and playing the piano.

The school clubs I want to join are the Choir, the Home Economics Club and the Badminton Club. It is because I like singing and cooking. You know, I am interested in playing badminton now.

I like my new school because it has a lot of facilities.

What classes do you teach? I can't wait to see you on 9th November!



Cheers,

Athena

## Diary Entry

### 2D Chu Bo Ling

Dear Diary,

My laptop is very old. Therefore, I was looking for a new computer. I decided to go to the electronics shop that my uncle owns. He is very kind and generous. He asked me to choose a new computer for free. That really cheered me up. I left the shop with my new laptop.

After that, I met my friend at Starbucks inside the shopping mall. We drank some coffee. We also ate a pancake. It was scrumptious.

Then, I went back home. I suddenly realized that I had left my new laptop at Starbucks. What a mess! I ran back to Starbucks immediately. The staff there helped me find it. Thank goodness it didn't get lost. Also, I needed to thank the staff for helping me. I really need to look after my belongings more carefully.



## Letter to a friend

### 2D Wong Chun Yiu

Dear Kevin,

Hello! How are you? Today, I spent the day with my friend, Jack. His family moved here recently from Spain. He's fat and he doesn't wear glasses. He is a funny boy.

This summer holiday, Jack travelled to Hong Kong. He was amazed that there were so many shops and tall buildings. He was also surprised that people could go shopping even at 11 pm.



He only bought a few souvenirs as things in Hong Kong were more expensive than those in Spain. He was not interested in shopping, so we went to places like the Avenue of Stars and Ocean Park. He liked Ocean Park the most. Sitting on the cable car, we saw the hills, lots of different flowers and Victoria Harbour. However, Jack was afraid of sitting in the cable car because of the height.

We stayed in the Shu Ren College. There were many big trees around it. We had our lunch in the campus restaurant but the food was not delicious.

Jack said Hong Kong is a beautiful city. He hopes he will visit again.

Regards,  
Chris



## Tokyo Day Tour

### 3C Xu Yuen Ching

I went to Tokyo with my family this summer. I will tell you about our trip there.

The Meiji Jingu is one of Tokyo's special attractions. It has a very long history. We visited the shrine and bought a lucky chime, which was our defensive protector.

You shouldn't miss different delicious Japanese food, such as ramen, udon, sushi and tempura. Of course, we went shopping in the Ginza. There are so many shopping malls that you can certainly buy something you like. It is a shopping paradise which is very close to the Tokyo Tower.

After shopping, we went to the Tokyo Tower to enjoy the night view, which was spectacular. I couldn't help taking a lot of photos.

In the future, I will also go to some other places such as Mount Fuji and the Imperial Palace. I would visit Tokyo again because there are a lot of trendy things and delicious food.



## Travel Blog Entry

### 3C Lo Tsoi Hei

### Travelling to Tokyo, Japan

Tokyo, the capital of Japan, is a must-go for anybody interested in Japanese culture. You can just read my blog and you will know how to travel to Tokyo instead of using a travel guide.

First, you should not miss the Tokyo Tower, the famous filming locations in Tokyo. You can go to the observation deck to see the magnificent view of Tokyo. I went straight up to the 150-foot Tembo Deck and 1,475 foot Tembo Galleria. I liked this place very much because I could see the magnificent view of Tokyo from this tower.



I also enjoyed going to Mount Fuji. I think it has the best natural beauty in Japan. Mount Fuji is very attractive because the view is totally natural. From there, you won't see any trains, buses or towers, but only trees, birds and flowers. I think both Mount Fuji and Tokyo Tower have different breathtaking views and they look gorgeous!

Finally, I think another must-go is Tokyo Disneyland! You can see Mickey Mouse and many princesses there. You can go on many exciting rides such as the carousel and roller coaster. It is very alluring there. Every time when I go there, I don't want to leave! I love this place very much.

Stay tuned for my next visit to China in the next post.



## Letter to the Editor

### 4C Cheung Siu Hin

Dear Editor

Recently, I read the post about whether technology will replace teachers in the future. I recognized that many schools have already changed their arrangement and teachers have started using digital products to teach their students. I would like to share my views here.



Since computers were invented by scientists and they keep developing, technology has infiltrated in all walks of life. It is especially true for the new generation, who usually surf the undoubtedly internet and find information that helps them solve their problems. These are the reasons to show that e-learning has become more popular among teenagers.

In addition, technology has allowed students to study more easily and conveniently. For example, they just need a place with Wi Fi, which means learning is not confined to the classrooms. Students can do self-learning without any place or time limitation.

Technology also helps teachers in their teaching. It is common for teachers of various subjects to use audio-visual equipment in teaching. It can change the ambience of the class from boring to more interactive. It can also help students understand some abstract concepts, such as the molecules in Chemistry.

In saying this, you may think that technology is so incredible that it can replace teachers. However, you need to ask yourself this question first: What do students need to learn? You may think it is acquiring knowledge. You are partly correct. Apart from widening their horizon and enriching their knowledge to meet the educational and occupational requirements, students also need value and moral education through schooling.

Can you think of any machines on earth that can develop students' positive attitude and personalities? Unlike technology, a teacher shoulders more responsibilities, which is not limited the delivery of knowledge. The most important job of a teacher is being the role model of students, helping them develop their strengths and encouraging them after they fail. A good teacher can observe their talents, then provide opportunities and support when they are in need. I doubt if technology can do the same. That is the reason why teachers are irreplaceable by technology.

In conclusion, technology and teachers are both important and indispensable. Although technology is conducive to learning, we should not forget the important role of teachers. After all, developing positive values is more important than the acquirement of knowledge and skills.

Yours sincerely,  
Chris Cheung



## An Unexpected Home Adventure

### 5D Ngai Wai Kit

Monday reminded me of my one-month unemployment. The economy has been disrupted by the prolonged Trade War. Worse still, it was shadowed by the protests after the coronavirus outbreak. With the financial burden ahead, I was so overwhelmed and stressed that I took 30 pills of aspirin desperately at once.

The high dose of aspirin was no joke. Just a few minutes later, I found myself suffocated with the feeling of hopelessness, I could feel myself rapidly shrinking into a small creature. The surroundings were becoming larger and larger in a striking speed.

A thin thread of light made its way through the window. It woke me up. I opened my eyes and screamed in an effort to seek help from my neighbours, who had also been jobless for months. However, I could only hear a soft sound, “meow” in reply instead. I discovered that my hands were covered with fluffy white fur. I became a cat! The feeling of confusion, and anger popped up in my mind. Hysterically, I crawled to the bathroom to see what I looked like.

On my way to the bathroom, I spotted a container with the pills on an enormous sofa. I jumped over to grab the container, the pills were scattered all over the floor. How amazing it was to see that I became more powerful than before. My curiosity had given me the motivation and energy to try the speedy movement again. Jumping to the chair was so easy for me. The sofa was undoubtedly the challenging one which required a high level of flexibility.

With a number of hurdles blocking my way, finally I made it to the bathroom door. I rushed to the front of the bathroom mirror in excitement immediately. Interestingly, I saw my reflection in the mirror. It was a fluffy white cat with a pair of beautiful blue eyes. they were as clear as a lake.

After accomplishing my goal, my hunger started haunting me, leading me to find some food in the kitchen. An intriguing journey was then launched. I staggered to the kitchen because my four bony limbs could hardly support my body weight, I was extremely exhausted. There was a mountain of garbage bags which served as obstacles to my rock-climbing skills.

It took me a few minutes to defeat this mountain, but its terrible smell proved to be a destructive weapon. Eventually, I reached the refrigerator, the treasure trove. Nonetheless, opening it would be a difficult task, especially for a dainty cat. With a simple desire of a starving soul, I decided to drain all my power and intelligence to open the refrigerator.

Firstly, I jumped up to the top of the refrigerator, though not in a perfect way. Then, I used my fragile paws to push the knob.



Beams of bright light shone from the refrigerator showed its approval to get my food. Watching the spectacular sunset outside the window, I enjoyed my raw fish and my new life as a cat. The destiny had cast a spell on me, allowing me to explore my life in a different and carefree perspective. Under this line of thinking, I ran out of the kitchen along the hallway, then my living room, inspecting my flat with happiness.



## Letter\_of\_complaint

### 6D LAM Pui Ching Saya

Flat 8, 10/E, Block 7

ABC Gardens

Shau Kei Wan

6th May 2019

The Manager

Asia Pacific Property Management Ltd

8/F 7 Shing Mun Road

Shau Kei Wan

Hong Kong



Dear Sir/ Madam,

Re: Complaint about the living conditions in ABC Gardens

I am writing to complain about my selfish neighbour and his inconsiderate behaviour which causes terrible living conditions in ABC Gardens.

My first complaint is the noise. My neighbour keeps at least five excessively energetic canines. They have adverse impacts on my life. His dogs always bark at me and my pregnant wife. Moreover, these dogs make terrible noise at night. Affected by the noise, I cannot sleep at all. My sleep quality is deeply affected by these disturbances. As a result, my brain is fogged due to the lack of sleep and I cannot focus on my work.

Another thing that I would like to complain about is the fierce look of the dogs. My neighbour allows the large dogs to move around without using a leash. They pose a danger to my son who is only 3 years old. I have told him that my child has a serious skin allergy of animals. The hairy creatures put him in potential risk. One of his dogs once kept chasing my son and he was knocked down. I do not want this to happen again.

Furthermore, I want to complain about the poor hygiene. My neighbour always walks the dog in the corridor. Therefore, the corridor is full of their dogs' excrement. It is extremely dirty and smelly. How can I tolerate this? The overpowering stench almost makes my life difficult. All these pose a threat to the daily life of my family, not to mention the deteriorating living quality. I can hardly bear it, so I talked to him about the issues and told him how he violated the regulation and imposed negative influence on the neighbourhood. However, he was reluctant to make any changes.

It can be predicted that the situation will continue unless the property management company deals with it. I urge you to take appropriate measures as soon as possible.

Please take action promptly or I would sue him without hesitation.

Thank you for your attention.

Yours faithfully,

Chris Wong



## Writing

### 6D (6) LAM Pui Ching Saya

#### How Social Media Can Put Your Data Privacy at Risk

Social media has penetrated every aspect of daily life. Instagram and Facebook are commonly found on everyone's mobile phone. As a cutting-edge social engine, social media creates a new form of socialization and interaction channels for exchanging ideas. The heated discussion topics link the like-minded folks together. Debunking the geographical boundaries, social media brings the world together without hindrance. We all know about the advantages of social media, however, have you ever thought about social media putting your personal information at risk?

Recently, I heard a piece of news: A Japanese pop star was stalked by one of her crazy fans through reflections seen in her eyes in selfies. Netizens especially influencers and celebrities always share their selfies in social media for virtual admiration. With the technological breakthrough, in no time we can clarify further details of the picture. Nevertheless, it will lead to Internet stalking. It does not only disclose our location, but some biosignatures like fingerprints can be showed via a zooming-in feature and image enhancement technology. We could never have imagined that detailed photos, stereoscopic and high-resolution images allow investigative personal information traceable. Is it horrible, isn't it?

When Facebook, one of the social platforms with the most users, was revealed to participate in PRISM, a program under the United States National Security Agency which collects Internet communications from various Internet companies in 2013, people became more skeptical about the encryption of existing social media. It is also not uncommon that the government monitors citizens and gets the personal information from instant message apps such as WeChat. When we use social media to chat with our friends or our families, we are unaware that leaking of data privacy happens. Do you know that people can identify us simply from our mobile phone number?

In the technologically advanced epoch, we should be cautious of possible leakage of personal information. Even though the general public has raised awareness about it, it is certainly not enough. Advanced technology keeps posing new threats to privacy as our data can be leaked unnoticeably. The only thing we can do is to stay vigilant when socializing. It is suggested that users should avoid frequent real-time posting, which will put us at risk. Moreover, encryption should be considered a vital criterion for choosing social media. The ones that have the functions to protect personal information should be prioritized.

When we enjoy the convenience brought by the advancement of technology, we should think about how to protect our data privacy at the same time.





# 文苑菁華，佳作薈萃

## 2019-2020 中國中學生作文大賽（香港賽區）

### 初中組 銅獎

#### 《假如我是一條魚》 3C 冼韻晴

假如我是一條魚，我希望自己是一條永遠不會長大的快活魚兒，不用承受世事滄桑，只默默在汪洋大海中載浮載沉，生活從不受到任何干擾。

如果那天發生的事只是空想出來的一場噩夢，我的生活將會多麼的美滿……

「聰！」在我的世界裏，耳旁總傳來翠珊熟悉的聲音。翠珊是一條長得特別甜美的小魚，也是我小鯊魚的青梅竹馬，更是魚群中格外得人信任的魚兒。牠們經常拜託機靈的她觀察有沒有來自其他水域的入侵者，或是可怕的人類，而她總不負所託，能適時向大家作出提醒，一次又一次帶領大家逃離險境。然而惡運的到來可以是毫無先兆，也無從預警，生活可毀於一旦。

身上突然感到一陣緊接一陣的猛烈痛楚，好不容易地我才睜開乾涸難當的雙眼。太陽就在我頂上，萬丈的光芒沒有海水的阻隔，刺得我眼睛發痛，瞬間甚麼都再看不見了。這種感覺真是難熬，我大概快會成為人類砧板上任人宰割的魚肉。在我絕望得不能動彈，等待死神降臨之際，只聽見不知誰的沙啞聲音在呼喚我：「聰！快醒醒，別要睡著了呀！」雙眼模糊的我辨不出牠是誰，真糟糕！一句話叫醒我的求生意志，我卻沒有能力在往後的日子報答他。「今天的收穫真豐富！有海龜，有鯊魚，還有一兩隻海馬！贏得實在痛快！」另一把不悅的聲音卻說：「老四，你別太得意，下次我一定反敗為勝！」聽罷他們的話，我終於認出剛才呼喚我的，是看著我長大的海龜伯伯。我禁不住一聲哀歎，現在我才明白海洋生物只是一場遊戲中供人類娛樂的玩意兒吧！想不到我的哀號吸引了他們的注意。「老四，快把牠的鰭活生生地割下來吧！」我只記得自己竭力掙扎，一瞬間在空中騰飛，又重重地墮進海裏，濺起數以千計的水花。

幸好我沒有死去，只在背上被劃上一道長長的血痕。苟延殘喘的我重返到我最愛的浩瀚海洋。徜徉在微風吹拂的海面上，傾聽著蔚藍海洋的呼吸，燦爛的陽光反射在一望無際的海面上，先前太陽的毒辣彷彿只是假象。死裏逃生，再次置身於這片迷人的水光之中，是一件多麼爽快的事呀！

然而身上帶著的傷痕讓我牢牢記住剛才驚險的一幕，我知道自己凡事必須要小心翼翼，別再粗心大意種下惡果。可是，這一片美麗的海洋早被人類無情地破壞了，工廠排放的污水染污了潔淨的海水，廣闊的海面浮滿大大小小的垃圾，航行的船隻遺下片片油污……渾濁的海洋，已不能讓魚類暢順地呼吸，作為海洋其中一份子，我只能默默地看著這一切的發生，竟沒有任何能力解救屬於我們的桃花源。

身負重傷的我，每一口呼吸的空氣，都夾雜著難以形容的惡臭；每一次軀體的擺動，都帶著劇烈的刺痛；每一口深深的歎息，都充滿著濃濃的心有不甘。

慶幸呼吸所產生的氣泡在水中潔白無瑕，我隨著它，隨著陽光的映照觀賞每分每秒無常的幻化，竭力忘記人類為我帶來的痛苦。一條孤苦零丁的鯊魚，只有找回自己的同伴，才不會再感到孤單，我急不及待要回家！

回到生活的水域，同伴都靜靜地浮在幽光粼粼的海面，隨白頭浪盪呀盪呀。我驚覺生氣勃勃的家成了一片死海，不但出奇地寧靜，而且整個海域最引人注目的，是我的魚類朋友肚子朝天的一片灰白。讓我更震驚的是，浮在那兒的還有翠珊……看著牠們因長期缺乏食物而瘦弱不堪的身軀，牠們是餓死了的嗎？不！我發現牠們嘴裏有著魚兒消化不了的塑膠粒，海裏也充斥著即棄餐具、塑膠瓶，甚至還有人類醫學用的粗大針管。我馬上起了雞皮疙瘩，打從心底冒起一股寒意，這個慘絕人寰的畫面，我怎麼可能忘記？我那些死去的同伴都做錯了甚麼？我險些失去魚鰭的傷害，誰能給我補償？人類自然都心知肚明，你們就是剝奪萬千海洋生物生存權利的凶手！

可惜我始終只是一條歷盡滄桑，失去同伴的孤獨魚兒，沒有力量拯救這片海洋。盼望我的控訴，能喚醒自私的人類對環境的愛護，也希望尚有惻隱之心的你能伸出友善之手，幫助保育這個地球，別再犧牲任何寶貴的生命。



## 《假如我是一條魚》 1D 楊棋泰

假如我是一條魚，我必定是一條身上散發著閃閃金光的魚兒，既受到同類歡迎，也必深受人類喜愛。

我游到清澈無比的小溪，一直歡快地游啊游啊，游到一條小村莊旁，突然一位中年「大媽」提著一大桶日常生活產生的，充滿惡臭的污水，毫不留情地往小溪裏傾倒。暗黃色的水流就一股腦兒向我湧來，裏面還夾雜著一些廚餘，似乎是剩菜殘渣和腐爛的果皮，最要命的是水裏還有著不知是什麼化學物的清潔劑。我只好屏著呼吸，連跳帶跑，盡全力逃出這片受噁心的家居污水所污染的水域。然而，我仍然逃不過這桶污水帶給我的傷害。我閃閃發亮的鱗片沾上了一層薄薄的污垢，我知道是殘餘的清潔劑，但任憑我怎樣搖擺身體，或在柔軟的水草上磨擦，非但無法把鱗片洗淨，還倒弄脫了好幾片。

我垂頭喪氣地游到河流的中游，仍然為自己一身鱗片遭逢的厄運而悲哀。我開始明白，為何年長的魚類伯伯常常訴說對人類的憎恨，因為他們根本漠視潔淨的水質，但這是我們的生命之源呀！水源失去原有的光澤與色彩還是其次，我們隨時因而生病，甚至送命。

想到這裏，我忽然感到天旋地轉，除了頭暈外，我還忽然渾身冰冷顫抖。不知就裏的我勉強地一跌一撞的，終於游到了河的下游——一個可供我休息的小水窪處。可是，這裏的污染情況更加嚴重，所有倒進河裏的污水，似乎都聚集在這裏。河水是前所未有的混濁，早已有幾條體弱的小魚捱不住煎熬，灰白的屍體浮在水面。可能我也不經意的染病了，我的手腳漸漸地失去了知覺。在瀕死的邊沿，我的求生本能讓我意識到，我必須趕快離開這片只會令我病得更嚴重的惡水。

我迷迷糊糊地不知是游還是掙扎，再想不起自己是何時終於成功離開了溪流和水窪，不知不覺地已經置身浩瀚廣闊的大江河裏。

在清涼急流的沖洗下，雖然我漸漸恢復了意識，但我在剎那間發現，自己並不是在死裏成功逃生，而只是向死神走近一大步罷了。我還隱隱約約地聽到船隻馬達漸行漸遠的聲音，不久之前定必有船隻在這裏匆匆駛過，我不是先知，只是我正被一團烏黑而黏答答的液體包圍，這正是剛才的那艘船留下來的一大片油污。直至瀕臨死亡，我仍然在意我身上原來引以為傲的閃閃鱗片！此刻的我身體沾滿了石油，從此徹徹底底的失去了光澤，同伴看見我的屍體，也不能把我辨認出來了……

難道我應該慶幸，那些玷污河流的石油是暖暖的，令將喪命的我猶如回到大地母親溫暖的懷抱，溫柔地在我耳邊輕喚：「孩子，不用怕！」嗎？我慢慢地、慢慢地閉上了眼。我知道人類的所作所為，終有一日會得到大自然的報復：那大片不明來歷的紅潮，伴隨著海面上飄浮的塑料和垃圾，繼而引發大量海洋生物的集體死亡，還有罕有物種的紛紛滅絕，最後……人類必要自食其果！

## 《未來的交通工具》 2D 勞紫燕

你是一個上班族嗎？香港人時時刻刻都很繁忙，無論是上班或是上學，你也必恨不得想法子省卻一秒鐘。但見每一天，每一個人都在清晨不約而同的匆匆忙忙地在趕路，你知道他們最需要的是甚麼？是時間。因此他們最想依賴的未來交通工具的特點又是甚麼？自然是方便了。

未來最受歡迎的交通工具是一輛多用途車。它的外觀或許是平平無奇——只有純黑色的皮膚，四個看似平凡的車輪，千篇一律的車尾箱。然而它卻內有乾坤。現代人大多睡眠不足，因此車裏設有活動床，只需把座位稍微向前移動，便可從車尾箱抽取活動床板架置在座位後面。當你想休息時，便可舒舒服服的躺著歇息。突然想起未吃早餐又該怎麼辦？床板下設有煮食爐，不只早餐，一日三餐大可在車上解決。車尾還設有洗手盆，可自如地在車上梳洗、更衣。多用途車如此一舉多得，正是「三杯和萬事，一『車』解千愁」。

現在甚麼都四通八達，現代科技不難令車子在整個世界暢通無阻。隨著時代不斷進步，各種發明只為了讓我們的生活變得更加便捷，而未來的交通工具更能見證科技的突飛猛進。然而這樣的改變真的能令我們過得更加暢快？還是令人類愈加依賴科技，變得更加嬌生慣養？就剛才想像，多用途車早已不再著重交通工具的基本功能，好處是人類不必焦心勞思，它早為你的早晨晏起未雨綢繆，然而你會發現活板床、煮食爐、洗手盆……再多的科技通通只為一個「懶」字而設，即使多用途車真的能集各種各樣的功能於一身，人的未來真的要在這樣先進的交通工具中度過？更何況這種交通工具只為一人而設，缺乏人情味的科技正逐漸令人與人的關係變得疏遠，我們難以想像未來真的要在這樣把自己孤立的交通工具裏獨自生活。

其實每天早上只需早一點起床，甚麼先進的科技都大可不必，你倒可以多出一點時間與家人邊吃早餐邊交流，即使要乘坐公共交通工具，生活也可過得愜意。那麼你真的渴望發明出未來的交通工具嗎？各位上班上學一族與其依賴它提供的方便，倒不如靠自己，這就是我的體會。



## 《一條河的隱秘》 4D 陳卓希

世界上的河豈止千萬，有小得無名的尋常小流，有無盡宇宙中的漫天星河，當中最深不可測的一條，非但不可觸碰、不可觀測，更教我們琢磨不透，那就是既遠在天邊，又延展眼前的「時間長河」。

古有詩仙李白「君不見黃河之水天上來，奔流到海不復回」，今有浪漫詩人徐志摩「在康河的柔波裏，我甘心做一條水草！」時間是一艘順流而下的小船，承載著象徵人類文明的知識不斷前航。從古到今，它的進展是如此地迅速，從美索不達米亞蘇美爾人的文明，到形形色色的現代文明，無論是醫療、科技、天文與歷史，各自精彩的文化源源不絕地傳承下來，同時在時間長河的沖洗下淘洗淨盡，古今中外幾許知識與文化芥蒂歷經衝擊融合，達到取長補短，又不斷突破創新。

在這無窮無盡的長河之中，往往分佈著舉足輕重，足以影響全世界的「奇異點」，例如電腦的誕生就是其中之一。無容置疑的是，每個「奇異點」的誕生都對人類帶來一定程度的便利，是一種前人不可理解、不能想像的新奇與奧妙。可是「奇異點」卻是可遇而不可求，只有我們踏實地乘著時間長河緩緩探索，自會撥開雲霧見青天。

時間長河也沉積出千古悲喜哭笑。古代詩詞如《月下獨酌》、《登樓》與《念奴嬌·赤壁懷古》，描寫的是花間月下、春色無邊、洶湧澎湃的景象，同時寄蘊著千古懷才未遇之幽情。又如李後主年少在《長相思》中流露出君主無可憂慮的輕鬆與愜意，亡國為奴卻藉《虞美人》慨歎「春花秋月何時了」，徒自追悔與哀愁。時間之水能載舟亦能覆舟，時而滿腔熱血，時而輕鬆寫意，時而黯然神傷，諸般情感隨浪花湧現，又積累為人生寶貴經歷。

有人說時間是絕世大盜，漂洋過海掠奪你我無法觸及的青春年華。人的青春如浪濤悄然出現，又默然褪去，絕不會與你共度一生。因此你我內心深處也有一道洪流，它教你經過生老病死，歷盡曲折波瀾，嘗透喜怒哀樂。不論結果是肯定，是傷痛，是後悔，我們只能繼續順流而下，體驗獨一無二的人生。

人們常說「忘記過去，活在當下，展望未來」，但多少人仍留戀在過去的世界裏，躑躅不前。相信大家總有那麼一兩件想回頭補救之事，奈何世上沒有「後悔藥」，時間也不會逆流。你可曾聽說過人們想像出來的時間旅行者？他們能回到過去，同時穿越未來。然而從科學角度看，那怕對過去進行再細微的改變，也會產生難以預想的蝴蝶效應，足以影響整個世界的軌迹。時間長河從來只可順流而下，怎能容你逆流而上？

「少壯不努力，老大徒傷悲」，既然無能力改變過去產生的傷痛，唯有立於當下，接受過去，放眼未來，才是正道。時間不能回流，就像艷陽從未從西天升起，只能把握分秒奮鬥追逐。如果現在不拼盡全力，難道老來半眯著老花眼，向兒孫哭訴時間不能重來？天下沒有免費午餐，我們應趁青春竭力搖櫓掌舵，迎難而上。途中縱會遇上山洪，也會陷入深淵，然而父母、老師和朋友會成為你堅實可靠的方向盤，為你導航。只要欣然接受生活的種種磨難，別讓風浪湧起的壓力把你拖垮，自能攀上桅杆，眺望灰暗消散的漫天彩霞。提起信心徜徉於時間長河吧！傾情享受這獨一無二的人生旅程，闖出一番新天新地吧！



## 夢回《紅樓夢》 5D 危煒杰

魘魔法姊弟逢五鬼  
異世客巧手解冤孽

日月如梭，今天已是我來到賈府的第三個月了。準確來說，我是被送到四大名著之一《紅樓夢》的瓊樓玉宇之中。

我本是一名精神科醫生，那天暴雨連綿，我左手提著手術箱，右手拿著正讀得著迷的《紅樓夢》在這都市中穿梭。結果一時疏忽，我竟被一輛汽車迎面撞倒。「砰！」我的鮮血濺濕書頁，呈現出妖異的瑰麗，而我的靈魂像被泡在一醞千年的女兒紅中，只覺昏昏沉沉。待我醒來之時，已是飛越千年，我亦早已改頭換面，成了賈府的御用大夫。幸虧我在大學之時對中醫醫理有所涉獵，也對賈府眾人性情瞭如指掌，要不然該如何應付這一屋子的達官貴人？古代生活的「新鮮」，為我帶來了前所未有的刺激，然而日復一日的重複讓人感到沉悶；那清新的中藥香，也逐漸變得混濁——這是世家大族爭權奪利的必然結果。

今天，正當戶讀醫書之時，一名藥童急急忙忙地跑進來，還險些被門檻絆倒。他氣喘吁吁地道：「危大夫！不好了！寶二爺和璉二嬸子中了孽障，正鬧了個天翻地覆，您趕緊去瞧瞧啊！」我聞訊趕緊拎起一直藏起的手術箱，往綠芸軒看個究竟。待趕到之時，只見披頭散髮的賈寶玉正舞刀弄杖，尋死尋活的，哪裏是往日豐神俊朗的模樣？且看那王熙鳳也秀髮散亂，同樣手持一把明晃晃的鋼刀在亂舞。賈母在一眾夫人婢子簇擁下神情慌張，嘴上只不住嚷道：「兒啊！肉啊！」就在此時，趙姨娘不動聲色佇立一旁，嘴角禁不住微微的上揚，一雙美目閃爍著沉沉的妖魔的影子。賈母見了我如見救星，踉蹌地跑了過來道：「噯喲！大夫你總算來了！你想想法子救救他們吧！」我臨危不亂地回答：「不要慌，先命幾個力強膽壯的家丁把他們緊緊抱住，我自能醫治。」待他們稍稍穩住後，我趕緊上前拿出靈藥——鎮靜劑為他們注射。在旁的幾個婆娘從未見過這透明針筒，倒是嚇呆了，而寶玉和璉夫人則應聲昏睡，被送到內室去了。

眾人熙熙攘攘移至內室，我分別將雙指搭在兩人脈門上，佯裝替他們把脈。只見剛才不動聲色的趙姨娘此時倒殷勤地在賈母旁勸道：「瞧方才那光景，哥兒怕中的是不可救藥的邪，不中用了，倒不如讓他早些安樂，省得——」話沒說完，便被賈母啐了一口唾沫，被罵道：「爛了舌頭的混帳！你怎麼胡說他再不中用了？你別以為我不知道你不安好心，他死了，家產也與你無緣，我要你這賤婦償命！」爭產風波千古不變，我心下不住冷笑，心想：我好歹是高考五優狀元，港大畢業的優才生，用得著你施展邪術然後說三道四麼？於是我氣定神閒地道：「賈夫人莫動怒，他們並非中邪，只是近日喝茶過多，引發一種名為『羊癇』的病症而已。」趙姨娘聞後輕笑，不服氣地道：「喝茶也會這般要死要活的？大夫可別信口開河。」我從手術箱中取出丙戊酸和苯巴比妥等藥物，有意向她暗示：「姨娘你有所不知，平日你送過去的茶雖好，只是飲用過量會不利於肝。姨娘若是不信，大可依法沖泡給自己每天喝上五大海壺，瞧瞧鄙人所言是否屬實。」成功揭破奸計後，我將藥物交予照料他們的婢女，仔細交代服用方法，便獨自拂袖離去，不再深陷在這深宅鬥爭中。

半晌，果然傳來兩人漸漸好轉的消息，一輪擾攘告一段落，今夜我終於能閒坐在梨樹之下，仿效古人欣賞那梨花飄落的美景。只見片片梨花本該順勢歸於自然，豈料微風一颳，轉眼便身不由己在空中亂舞。世情何嘗不同樣本是秩序井然？但有心人卻偏要無風起浪，使生活偏離安穩平靜。正是：「本是無意穿堂風，偏偏孤倨引山洪。」穿越時空的我只有徒歎奈何。

欲知後事如何，且聽下回分解。



## 《一條河的隱秘》 6C 余佩珊

恍惚間，我化身成河裏一葦草編成的輕舟。流水緩緩擠出我與河岸的一絲空隙，岸旁的泥土離我漸漸遙遠，我隨即順流而下，一場長河隱秘的探索，由此啟航……

在哪？我該到哪裏去？我尚來不及思考，便聽見河底深處的泥土媽媽對我說話：「且讓河水為你引路，你既來人間走一趟，該見識一下山河的澎湃，大海的壯麗！」「噢，好！」我似懂非懂的應諾，就為探尋祕景出發。然而大海是怎樣的？過程會一帆風順嗎？

探險怎會不遇波瀾！天真的我順著水流，未到達未知的遠方，身下一股湍湍急流便忽然驚起狂瀾，把我高高拋起，又重重摔下。接著是好一陣凹凸不平的顛簸，足教我心驚膽怕。殊不知屋漏偏逢連夜雨，河床上利刀般的尖石在我身上剛蹭出道道傷痕。我呱呱呼痛，身子不自控左右搖晃，眼看快一頭栽到江底之際，救我一命的是一處淺灘。這泥灘柔柔的把我截進懷裏，軟軟的泥沙把我牢牢托穩，我才如被母親抱住，止了慌亂，卻不敢再輕言出發。慈祥的小鳥老師飛來，語重心長的對我說：「你不能依賴泥土呀！你要學會忍受痛楚，帶上傷口的結痂和柔軟堅強的心再闖蕩一番，好嗎？」我只能乖乖應諾：「噢，好吧！」

依依不捨地離開令人懷戀的柔軟河岸，一群魚兒朋友特意遊來替我壯膽。「你輕飄飄的哪能敵過激流？快請鳥兒老師幫幫忙吧！」於是我向牠要了些智慧果實，漸漸地，步伐變得沉穩多了，我鼓起勇氣迎著風的清勁揚起了帆，載著沉甸甸的自信，懷揣著對遠方的期盼，一路漂流探索。

忽然，我的視線被一隻振翅漫舞的蝴蝶凝住了——牠是我從未遇見的絢麗與斑斕！牠的翩翩舞姿誘惑我流連忘返，思潮起伏令我陷入迷茫與掙扎：這河中沙洲的明媚難道不夠好嗎？為什麼要再冒險探求全部的隱秘呀？因擱淺停滯不前而不思進取的我卻瞥見泥土痛心落淚，小鳥怒不可遏，魚兒輕輕嘆息了！難道我又不自覺犯錯了嗎？我努力把視線從蝴蝶身上抽離，竭力記起一路上重重波折，探索大海的初心怎麼能在這小土丘裏活埋！即使不辜負自己，我也辜負了大家！

如夢初醒的我堅定地眼看前方，雙手拉緊帆繩，全速向大海的方向奮發，一路掙脫漩渦，避過尖石，歷盡曲折……終於，在某一時刻，我的視線豁然開朗，一片無邊無際的深藍幕布般盪漾出前所未見的耀眼。極目遠望，海的湛藍與蔚藍的天際悠然相接，是一派雄奇壯闊的光景，引發我內心深處的無盡讚歎。我終於領略到泥土媽媽與鳥兒老師口中的遼闊與自由的滋味，也帶著魚兒好友的期望結束河流的隱秘之旅，繼續向浩瀚的大海遠航。

夢真的醒了！回歸再真實不過的現實，夢中的河的隱秘，卻依舊引領我對人生潛藏的道理加以探索。江河中幾許過客，有的給山河添色，有的沉沒於波瀾，然而只要依然堅定地眼望前方，不論前路多崎嶇艱難，也可憑初心闖蕩奮發，闖出更廣闊的夢想空間。



## 《我心中的抗疫英雄》 4C 阮凱晴

致尊敬的「白衣天使」們：

除夕夜，團圓日，本該是合家歡樂，幸福安康的好時節，疫情的響雷卻無情的打破了這美好的一切。

倘若沒有疫情，你們應該與我們一樣，在家中與家人一起吃著團圓飯，可你們卻為了人民的健康，以自己的血肉之軀為病患，為你我築起一道屏障，保護我們。在我們看不見的角落，是你們默默堅守，撐起萬家團圓，燈火通明。

「芸芸眾生，誰不愛生？」世上本沒有超能力的白衣天使，那只是人們對你們的期望以及敬仰的寄托，你們也曾是一群孩子，只是換了一身衣服，學著前輩的樣子，治救病人和死神搶人，把在人生這開往墳墓的列車中插隊的人，強行拉出來而已。

我們知道這場抗疫戰爭是危險的，你們當然有權利去捍衛自己的生命。當你們力求封關時，那些認為你們自私的人們，他們根本無法代替你們上這個戰場。

03 年的沙士仍是人們心中不可磨滅的一道痕跡，謝婉雯醫生以及當年一眾醫護人員的犧牲，依然烙印在人們的腦中。這次的暴風雨可能來得比當年還要猛烈，但我們相信，既然能夠打贏這仗一次，這次一樣可以撐過去，而且做的比上次還要厲害，以最少的犧牲吹響勝利的號角。

84 歲高齡的鍾南山院士再次出山，他說：「為什麼我的眼裡常含淚水，因為我對這土地愛的深沉。」不管白衣天使們身在哪片戰場，最終為的不也還是維護這片土地的安寧嗎？是你們用一顆顆勇敢的心溫暖患者，讓他們有生存下去的希望，給予我們那不安的心靈一份力量。

鑽石公主號郵輪的乘客回來了，遠在湖北的港人也被接回來了，仿佛這跟著大眾希望的方向去走，可我們知道這對醫護人員來講，是一份負擔，更是一份壓力，要頂著病人的期待，更要防範病毒的侵襲。但請相信，愛和希望比病毒蔓延的更快，我們攜手同行，同心抗疫；熒幕上，一個個名字和身影會匯成黯淡疫情中的溫暖和支持。

再多的讚美之詞其實都不能夠道盡你們那無私奉獻的高尚品格，安居室中的我們更不能知道，在厚厚的防護衣下你們隱藏著的辛酸和苦楚。你們無數日夜的付出，一定能夠戰勝這些病魔，願你們能在救濟患者之餘也注重自己的健康。這場戰役過去後，我相信你們必定聽到一句：歡迎回家。你們能做回以前那個好爸爸，好媽媽，家中的小王子，小公主。

最後，我想向你們表達最真誠的敬意及感激，是你們用勇敢跟辛勞，創造一個個的奇跡，無論是在前線衝鋒陷陣，還是在哪個位置默默付出的白衣天使們，非常感謝你們。

春寒料峭，惟願君安！



## 《作為中學生，我在香港流行疫情當中，體驗和學習到什麼》 5D 楊樂軒

新冠病毒肺炎是近年在香港、內地，甚至全球肆虐的一種病毒。自二零一九年十二月起，這病毒已悄悄地開始它的「侵略」行動。而香港人也越來越發覺這病毒的厲害，每一個香港人在疫情下都體驗到、學習到不少東西。作為中學生，在這疫情下我體驗到一些平常少有，甚至絕不會學習到的東西。

我不喜歡戴口罩，即使平時去醫院、患小感冒也不戴口罩。但在這疫情下，街頭上十人中至少八人戴上口罩。在這氣氛下，我不禁馬上了解到疫情的嚴重性，開始過上足不出戶或全副武裝外出的生活。

在這個非常時期，想必大家都知道口罩的重要，從經濟學的角度，當需求上升，價格便會相應增加。當我看到新聞，一下子被眼前的情景震撼，排隊的人龍是可以橫跨幾條街道，排隊的時間可以是 8 小時；排長龍的結果更可以是空等一場。我走近藥房等地方，便親身體會到情況的嚴重。「一罩難求」是香港前所未見的，即使二零二零年沙士，也尚未至此。心存慶幸的我自以為我們家有足夠的口罩，卻沒有想到排隊買口罩的人竟是我。

我們家有口罩，但大多是小童口罩，成人口罩較少。為應對父親的工作和生活需要，我和父親也曾排隊買口罩，那絕對是人生難忘的一次體驗。大約二月初，我和父親曾到九龍灣排隊買口罩，雖然我們到達時已發覺人龍頗長，但猶抱一絲希望。排隊約兩小時後，才獲通知口罩賣光。我當時的反應想必和其他排隊者一樣，既憤怒，亦無奈。責罵政府無能的声音此起彼落，亦有人跟職員議論，而我和父親像大多排隊者一樣落寞離去。幸好，母親後來在銅鑼灣某立法會議員的辦事處獲發口罩，我們才可以不必再承受一次排隊求口罩的痛苦。

除口罩外，食米、罐頭等糧食也曾被搶購。我本以為這只會在零三沙士時發生，也只聽聞長輩訴說當年搶米的經歷。但非常「幸運」，我竟有機會體驗。早陣子，我們家只剩下一包白米，便打算到超級市場買米，以備不時之需。當我去到超級市場，我只看到滿滿的人群和空空如也的米架。越南米、泰國米，甚至一些較貴價的有機米也被搶購一空，彷彿將會有戰爭或大災難發生。後來我們再去了幾間超級市場，左尋右找，總算買到了米，心滿意足地回家。

在家生活實在苦悶，於是我和家人打算遠足，舒展身心。那天是三月一日，我們出發往鶴嘴，本以為到了郊區便不需要戴口罩，但世事往往出乎意料。巴士站人龍頗長，我們深感不妙，到了鶴嘴，就更熱鬧了。我們一直走走，一直有大量途人在旁邊，他們大多都不戴口罩，我們起初亦如是。但當我聽到一下咳嗽聲後，便馬上提升警覺，戴上口罩。戴口罩遠足，想必是奇事，但在疫情下，卻顯得平常。我們一路走，彷彿在旺角、尖沙咀等地逛街。景色雖美，卻在人群下黯然失色。我們隨便走走，拍了些照片便回去了。想必這就是盡興而去，失落而歸的感覺吧。

疫情下，我體會到一句老生常談的話：「注重個人衛生」。平時我們時常看見過一些不注重衛生的人，包括我都以為沒什麼大不了的。但在疫情下，不注重個人衛生卻可以造成嚴重後果。輕則患上惡疾，重則造成社區傳播，死傷無數。「勤洗手」；「不要用手觸碰眼、口、鼻」，這些口號我牢牢記著。其實只要做好個人衛生，戴口罩，勤洗手、間中消毒，即使是新冠肺炎也難以傳播太遠。

此外，我也明白何為患難見真情。起初我以為香港人冷漠，凡事以利益為重。而在疫情中，我卻發現原來香港人卻能守望相助。無論是一些人捐贈口罩給有需要人士、為街上一些沒有口罩的人贈上口罩、為鼓勵香港人而作的歌曲，都可以是一個祝福，一個鼓勵，幫助香港人齊心抗疫，共度逆境。絕不應在非常時期作抬高口罩的價格、搶消毒用品等事。相信只要香港人齊心合力、共同進退，我們總可以戰勝逆境，走向更美好的明天。

最後，我更學會到任何時候都應保持一個正面的心態，就以這次逆境為例，有人怨天尤人，抱怨政府，但又有人堅信逆情總會過去，希望總會到來。為何會這樣呢？正是心態的不同。在疫情中我也有憤怒、無奈、失望這些負面的心態，但這些心態能有什麼作用呢，一不能使人快樂，二不能解決問題。為何不抱着樂觀的心態呢？我在疫情中看到一首詩，希望可以分享給香港人，以鼓勵他們以樂觀的心態面對逆境：

那種黑不是盲人的黑  
總是彷彿有點無名的亮光  
如同天快光時透出的希望



# 科技與生活 (服裝、成衣與紡織) 學生作品展 2019



吳珮榆校友代表香港出戰  
世界青年技能大賽作品

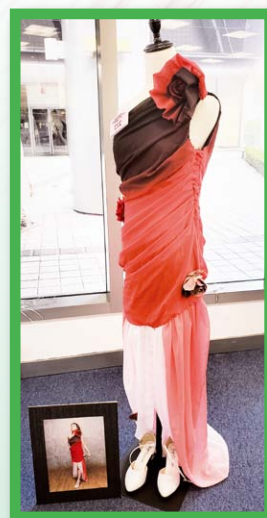
主辦機構	教育局科技教育組
日期	2019 年 10 月 16 至 31 日
地點	教育局九龍塘教育服務中心西座平台薈萃館
目的	展示學生在時裝設計方面的成就 為學生提供互相學習的機會 加深他們對科技與生活科多元出路的認識
展覽內容	展示 50 多件學生作品，包括： <ul style="list-style-type: none"> <li>· 高中科技與生活科校本評核課業（設計夾及產品）</li> <li>· 設計比賽得獎作品</li> <li>· 「服裝、成衣與紡織 ---- 多元出路」短片播放</li> </ul>
本校參展學生	5B 羅成謙 5C 施安晴 5C 張延鑫 5C 陳凱欣 校友：方思敏 林佩嫻 吳嘉軒 范琳琳 鄧卓瑤 簡浩明 吳珮榆（世界青年技能大賽作品）



5B 羅成謙



5C 施安晴



5C 張延鑫



5C 陳凱欣



吳嘉軒



方思敏



林佩嫻



簡浩明



鄧卓瑤



范琳琳



# 孔聖盃中華時裝設計比賽



學生組亞軍  
4B 林愷童



學生組季軍  
4B 蘇詠蕎

主辦機構	香港孔教學會
決賽日期	2019 年 12 月 20 日
比賽地點	大埔孔教學院何郭珮珍中學
參賽學生	10 位中三至中五級同學
獎項	4B 林愷童 (學生組亞軍) 4B 蘇詠蕎 (學生組季軍) 5C 陳岑欣 (公開組亞軍)



公開組亞軍  
5C 陳凱欣



4B 簡詠盈



5A 劉曼怡



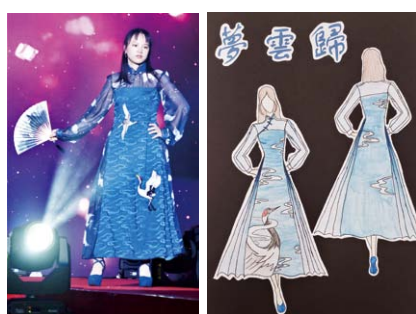
5C 陳凱欣



5C 張筵鑫



5D 譚麗芳



5C 施安晴



6C 鄒嘉倩





## 武術學會

武術學會於 2014 年成立，宗旨是弘揚華夏國粹，導師教授學員南拳、武術套路、技擊及兵器等，鍛鍊學員的體格和修養，達至「身」、「心」兼善，全人發展。學員曾多次參與校內與校外表演，包括於頒獎典禮及開放日演練國術套路。在校方鼎力支持下，學員積極參與公開比賽屢獲獎項。



## 獎項資料

比賽名稱及日期 / 主辦單位	獎項	姓名
勁武飛揚第 23 回 第六屆省港澳武術錦標賽 2019 年 12 月 28 日 李勁德武術製作	金獎 (男子傳統拳) 工字伏虎拳	鄧易熙 4A
	金獎 (女子傳統拳) 千字掌	蘇詠蕎 4B
	金獎 (男子傳統拳) 工字伏虎拳	李德豪 4C
	金獎 (男子傳統拳) 工字伏虎拳	謝朗晨 4D
	金獎 (男子傳統器械) 洪家單刀	
	金獎 (男子傳統拳) 工字伏虎拳	陳慶禮 5B
	金獎 (男子傳統器械) 十字梅花挑刀	



# 童軍簡介

## 發展簡史

港島第 101 旅成立於 1965 年，主辦機構為「筲箕灣東官立中學」（舊稱筲箕灣官立工業中學）。成立初期只有兩個團，分別為童軍團及深資童軍團，為校內同學提供富挑戰性和有進度性的訓練和活動，促進青少年德、智、體、群、美五育的發展，培養其成為良好公民，回饋社會。

經過 40 多年的發展，我們舉辦的活動種類逐漸多元化。在主辦機構及旅長許伯全老師的大力支持下，我們於 2011 年已擴展至樂行童軍支部，並正式成立樂行童軍團及樂行空童軍團，開展以航空訓練為主導的童軍訓練。2012 年更成立深資空童軍團，使本旅的航空訓練團隊更為完整，讓校內學生有更多的機會接觸及參與航空活動。



聯旅周年露營 – 「時空之旅」



101 旅周年宣誓典禮 2019



中一新生招募 –  
原野烹飪體驗活動



童軍單車活動



長洲界石與歷史追蹤賽



# 筲東學子 · 文武全才

## Debating Club 2019/2020

Riding on the success of the Debating Club last year, where our English Debating Team was awarded the second-runner-up in the English debating competition organised by the Hong Kong Professional Teachers' Union, as well as the Mr. Alvin Chan Scholarship for Outstanding Performance of Artistry Skills, our team continued to challenge themselves by participating in the matches this year with a will.

Despite the epidemic, we spared no effort in preparing for the debates and successfully defeated the opponent school. Without a doubt, the team gained a lot in English learning, researching, debating and, most importantly, confidence building. Our club chairman, Ngai Wai-kit, Matthew, from 5D, hereby noted his learning throughout his 3 years in the Debating Club:



## The Deposit in the Bank of Life

### 5D Ngai Wai-kit, Matthew

Speaking of debate, what is the first thing springing up into your mind? A sharply-worded speech? Groups of people arguing vigorously? Debate, however, is far more than those. As a debater with 3 years of experience, I regard it as a valuable opportunity to earn a deposit in the bank of life, rather than a just competition to safeguard one's stance.

A raft of data research, speech writing and presentation practice, just to name a few, are examples of preparation we debaters need to do before a competition. My proficiency of English has therefore been improving in dribs and drabs. Another advantage is that through scrutinizing controversial issues, ranging from private cars to even space exploration. It strength my critical-thinking skills which allow me to take things not just at face value, but from different perspectives.

While the above benefits are too academic, resilience is another essential attitude I learned from debate. As the saying goes, "Life is not all roses", I, of course, have experiences in losing the competition. Nonetheless, such experiences have revealed my weakness that I need to improve, thereby providing me with a drive to be the best, either in debate competition or school.

Time flies. Although it is my last year being in the Debating Club, I believe the memories I gained in here would stand still in the ever-changing time.